

# Kindred Days

## Kindred Fire "Hero" 5K

Come out and join us for a fun run/walk to kick off a weekend of fun in our community.  
**Run/Walk to support a "Hero" in your life!**



**Saturday, August 13, 2022 -- Race begins at 8:00 AM**

Registration begins at 7:00 AM - Kindred High School Parking Lot



For more information visit [KindredDays.com](http://KindredDays.com)

Email: [KindredFire@outlook.com](mailto:KindredFire@outlook.com)

Download additional forms at: [www.KindredDays.com](http://www.KindredDays.com) or [www.CityofKindredND.com](http://www.CityofKindredND.com)

### Kindred Fire "Hero" 5K Race Registration Form

Forward completed form with payment to:

Kindred Fire Dept.

KFD "Hero" 5K

PO Box 126

Kindred, ND 58051

Or email to: [KindredFire@outlook.com](mailto:KindredFire@outlook.com)

**\$25.00 Pre-Registration**

*Payment Received by July 20th*

**\$30 Day of Race**

**Children 12 and under \$15**

Checks payable to: Kindred Fire Department

Or Venmo: @KindredFireDept

Sign up at [Venmo.com](https://venmo.com) or in your app store.

<u>Registrant Name</u>	<u>Address</u>	<u>City</u>	<u>State</u>	<u>Zip</u>	<u>M/F</u>	<u>Age</u>
1 _____	_____	_____	_____	_____	_____	_____

Email: \_\_\_\_\_

T-Shirt Size: \_\_\_\_\_

**Additional Registrants:**

<u>Name</u>	<u>M/F</u>	<u>Age</u>	<u>T-Shirt Size</u>	<u>T-Shirt Sizes</u>				
				S	M	L	XL	2XL
2 _____	_____	_____	_____					
3 _____	_____	_____	_____					
4 _____	_____	_____	_____					
5 _____	_____	_____	_____					
6 _____	_____	_____	_____					

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Payment:**

Check \$ \_\_\_\_\_

Venmo \$ \_\_\_\_\_

Additional Donation: \$ \_\_\_\_\_

*Official Use*

*Payment Rec'd:* \_\_\_\_\_

*Added to Registry:* \_\_\_\_\_

*Email Sent:* \_\_\_\_\_

*Other:* \_\_\_\_\_

In consideration of acceptance of this entry, I hereby agree to absolve and hold harmless of blame and liability, waiving all rights and claims for damages, I, or my heirs, executors and administrators, may have against the Kindred Fire Department representatives and its sponsors, agents, successors and assigns and others associated with this event, either singly or collectively, resulting from any injury, harm, loss, or damage, misadventure or inconvenience suffered or sustained as a result of participation in the race and its associated activities. I give my permission for free use of my name and/or photo in any broadcast, telecast or other account of this event or for promotional purposes.