

Kindred Days

Kindred Fire "Hero" 5K

Come out and join us for a fun run/walk to kick off a weekend of fun in our community.
Run/Walk to support a "Hero" in your life!



Saturday, August 12, 2023 -- Race begins at 8:00 AM

Registration begins at 7:30 AM - Kindred High School Parking Lot



For more information visit KindredDays.com

Email: KindredFire@outlook.com

Download additional forms at: www.KindredDays.com or www.CityofKindredND.com

Kindred Fire "Hero" 5K Race Registration Form

Forward completed form with payment to:

Kindred Fire Dept.

KFD "Hero" 5K

PO Box 126

Kindred, ND 58051

Or email to: KindredFire@outlook.com

\$20.00 Pre-Registration

Payment Received by July 20th

\$25 Day of Race

Children 12 and under \$10

Checks payable to: Kindred Fire Department

<u>Registrant Name</u>	<u>Address</u>	<u>City</u>	<u>State</u>	<u>Zip</u>	<u>M/F</u>	<u>Age</u>
1 _____	_____	_____	_____	_____	_____	_____

Email: _____

T-Shirt Size: _____

Additional Registrants:

<u>Name</u>	<u>M/F</u>	<u>Age</u>	<u>T-Shirt Size</u>	<u>T-Shirt Sizes</u>				
				S	M	L	XL	2XL
2 _____	_____	_____	_____					
3 _____	_____	_____	_____					
4 _____	_____	_____	_____					
5 _____	_____	_____	_____					
6 _____	_____	_____	_____					

Signature: _____

Date: _____

Payment: Check \$ _____

Cash \$ _____

Additional Donation: \$ _____

Official Use

Payment Rec'd: _____

Added to Registry: _____

Email Sent: _____

Other: _____

In consideration of acceptance of this entry, I hereby agree to absolve and hold harmless of blame and liability, waiving all rights and claims for damages, I, or my heirs, executors and administrators, may have against the Kindred Fire Department representatives and its sponsors, agents, successors and assigns and others associated with this event, either singly or collectively, resulting from any injury, harm, loss, or damage, misadventure or inconvenience suffered or sustained as a result of participation in the race and its associated activities. I give my permission for free use of my name and/or photo in any broadcast, telecast or other account of this event or for promotional purposes.